

# MISSOURI S&T RECOMMENDATIONS FOR TRAVEL

Due to the uncertain nature of the COVID-19 pandemic, these recommendations and guidelines are subject to change at any time. These recommendations were developed in collaboration with our student health providers and nurses after considerable review of CDC, ACHA, and state and local health department recommendations.



**Travel in general is still strongly discouraged.**



**Many U.S. locations are requiring people to self-quarantine** for a certain period of time if they have arrived from certain destinations. While Missouri does not currently have any of these restrictions, that could change.



**All persons outside of the same household** should wear face coverings when traveling together in a vehicle and should reserve separate housing/hotel accommodations.



**Face coverings are highly recommended** in all public spaces, even outdoors when 6 feet social distancing cannot be maintained.



**If you have been approved for international travel**, you will be required to self-quarantine for 14 days upon your return to the United States before returning to campus. A traveler that tests negative for COVID-19 five to seven days after their return can end their quarantine after seven days.



**Should you develop a fever or symptoms**, do not come to campus and contact your health care provider. Please email [covid@mst.edu](mailto:covid@mst.edu) should you be tested or be considered a close contact to someone who tested positive or is under investigation.



Should you have any COVID-19-related questions about your travel, please email [covid@mst.edu](mailto:covid@mst.edu).

## DOMESTIC TRAVEL BY MASS TRANSIT OR DOMESTIC TRAVEL WITHOUT SOCIAL DISTANCING

**For seven days after  
this type of travel:**

- ☐ Do not attend any groups or in-person meetings other than classes.
- ☐ If you cannot maintain social distancing in your work space, consider remote work during this time.
- ☐ Wear a mask at all times on campus, in public settings and events, and whenever you're around others.
- ☐ Monitor for symptoms daily. Check temperature three times daily. Use the daily screening app ([Campus Screen by Edverum](#)) can be used for symptom screening.



**DOWNLOAD  
CAMPUS SCREEN**  
Use your phone to scan the QR code and download the free app.

## DOMESTIC TRAVEL BY PRIVATE VEHICLE

- ☐ If traveling with others outside of your household, all should wear face coverings in the vehicle.
- ☐ Use the campus screening app daily and check your temperature daily before coming to campus.
- ☐ Face coverings are required in all common areas on campus.