SHOULD I SELF-ISOLATE FOR COVID-19?

Have you been in contact with someone who is/has:

- **Positive Case (A)**
  - Close Contact of A (A1)
  - Close Contact of A1 (A2)
  - Close Contact of A2 (A3)

- **Awaiting Results (B)**
  - Close Contact of B (B1)
  - Close Contact of B1 (B2)
  - Close Contact of B2 (B3)

- **Traveled to a Level 3 Area (C)**
  - Close Contact of C (C1)
  - Close Contact of C1 (C2)
  - Close Contact of C2 (C3)

**Are you A1, A2, or A3?**

- **A1.** You should quarantine for 14 days. Call your primary care provider or Student Health Services for what's next.
- **A2.** No restrictions. Practice social distancing. Monitor yourself for symptoms. If you develop symptoms, contact your primary care provider or Student Health Services.
- **A3.** No restrictions. Practice social distancing. If you develop symptoms, contact your primary care provider or Student Health Services.

**Are you B1, B2, or B3?**

- **B1.** Follow guidelines from A1 until you learn that the person tested negative. If they test positive, continue following A1.
- **B2.** No restrictions. Practice social distancing. Monitor yourself for symptoms until you learn that the person tested negative. If positive, keep following advice from A2.
- **B3.** No restrictions. Practice social distancing. Monitor self for symptoms. If symptoms develop, contact your primary care provider.

**Are you C1, C2, or C3?**

- **C1.** No restrictions. Practice social distancing, monitor self for symptoms. If symptoms develop, contact your primary care provider or Student Health Services.
- **C2.** Follow guidelines from C1.
- **C3.** Follow guidelines from C1.

*See CDC website*

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If you are using this chart, you need to contact covid@mst.edu or call 573-341-4902.